Downloadable & Installable Applications:

All software listed here is free. Some is free-as-in-$0, some is free-as-in-$0-and-open-source.
Free browsers:
Firefox
Opera
Google Chrome

Alternatives to Microsoft Office. Some are downloadable/installable suites, other are online Web 2.0 sites for creating documents:
OpenOffice

Zoho

All kinds of free software applications, from office suites to graphics to specialized editors are available for Windows, Mac, and Linux at: Free Software for Students and also at OpenDiscEducation

Website Technology Resources
Free Web Design Software:
Kompozer
Nvu

Free hosting & online design:
Weebly
Edicy
SynthaSite
Google Sites
Yahoo GeoCities
Blog hosts:
Google Blogger
WordPress